
The Campus Observer

ILLINOIS MATHEMATICS AND SCIENCE ACADEMY
DEPARTMENT OF SECURITY

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IMSA



The BEST defense, is SELF defense! Take a course on how to defend yourself. Don't become a victim!

From the Chief

by Chief James M. Bondi

We are very pleased to bring you the first 1999/2000 issue of *The Campus Observer*. For those of you who are returning students, you should be familiar with the purpose and format of *The Campus Observer* newsletter. For those of you who are first year students, *The Campus Observer* is a newsletter that is produced by IMSA Students, Security, and Staff that volunteer their time to produce the articles.

We are attempting to get several things across to you in this newsletter in an attempt to make you more aware of potential hazards or hazardous situations on and/or off campus. We attempt to teach you skills and techniques that will help prevent you or someone you know from being the victim of a crime. We will also

attempt to make you aware of any crime trends or situations that could effect you. We have had very positive feedback on newsletters from the past, and will continue to use the same format. We hope that you will enjoy these articles and learn a few applicable skills from them. Our newsletter staff has put a lot of time and effort into these articles and the newsletter. We hope that you acquire skills that will stay not only help you at IMSA, but skills that will stay with you for life. Crime prevention and personal safety are not concepts that are peculiar to IMSA; these are concepts that will pay dividends for you and your loved ones for the remainder of your lives.

The Campus Observer is published by Lieutenant Dale E. Arentsen and our Campus Watch Liaison, Shaleen Aghi. I am very proud of the work that has been

done on this issue, and hope you will find it interesting and worthwhile.

Bicycle Security

by Shaleen Aghi

The option of keeping a bicycle on campus is a privilege utilized by many students; care should be taken to keep the bicycles secure. Be sure to take these few simple but necessary measures in order to keep your bike safe.

At no cost, students must register their bike with the Department of Security, since the City of Aurora has a bicycle ordinance requiring all bikes within the city limits to be registered. The Department of Security has the necessary forms and license stickers.

Be sure and secure your bike on the bike rack, the only location

students are allowed to store bikes on campus, with either a u-shaped lock or a casehardened lock and chain. According to the Department of Security, the lock shackle should be at least 7/16" steel and the chain 3/8" thick and 6' long to allow proper locking. Secure the chain around both wheels, the frame and bike rack. Do not secure the chain to any fences, meters, or lampposts.

Follow these simple instructions and know your serial number, and your bike should be safe from any danger that may come near it.

Residential Hall Security: Aiming for a Safe Campus

by Shaleen Aghi

Although our campus seems relatively safe already, there are crime prevention measures that we should all take. Through following these simple rules, we can be aware of our surroundings, avoid crime, and keep our campus even safer.

Keep your door locked to prevent theft. Lock it whenever you leave, regardless of how long you will be gone, and lock it while you sleep. Never loan out your room key or access card. Don't keep large sums of money in your room, even if it is locked.

For personal safety, try and use "the buddy-system" when walking on campus, and never walk alone off-campus. Walk confidently, and stay in well-lit areas. Carry purses and parcels close to the body with one arm. Be alert, and don't wear headphones while walking or bicycling.

Be sure to report any broken or damaged windows or doors to campus security or an RC. Also report any crimes such as vandalism or burglary that you observe, and also report any suspicious activity. You can report these anonymously at the Silent Witness On-line Form at <http://www.imsa.edu/team/security/silent.html>.

If you receive a suspicious or obscene phone call, hang up immediately. Don't try to be clever. Report the calls to the Department of Security. If needed, use *57 to trap the call.

By following these precautions and measures, we can make our campus a safer place for the whole community.

Crime Prevention OR Self-Defense?

by LT Dale E. Arentsen

Crime prevention, or self-defense? How about both! Over the years that I have been involved in crime Prevention, both on the job and as a member of the Illinois Crime Prevention Association, and as a defensive tactics instructor for both law enforcement and civilians, there is no doubt in my mind that the two go hand-in-hand. There are few things more important than knowing how to protect yourself. This can be accomplished in two ways. 1 - Learn the basics of what you can do to prevent crimes from occurring. 2 - Learn some basic self defense techniques.

Have good quality locks and other security devices installed in your home that will hold up to the threat of the average criminal, and use them. When parking your car, always try to park in well-lighted parking lots, and always have your keys in hand, ready to unlock your door. And don't forget to take that quick look into your car before entering. If possible, use the buddy system. There is strength in numbers. These are just a few of the things that you can do to help protect yourself on the crime prevention side. But if you are attacked, know how to protect and defend yourself. The only reason some scum bag on the street would have for attacking you in the first place, is to do you some sort of harm. So why not give him a little, or allot, of what he had intended for you. HARM.

The majority of criminals out there are looking for that easy mark. Someone who they think will not give them any trouble. So, if you are attacked, throw them off guard by giving them some trouble. Always walk with a lively step and with your head up. Give the impression that you are no one to be tangled with. But if you are, do what needs to be done to protect and defend yourself. Scratch out the eyes. It only takes 1/16th of an inch to do damage to the eyes. Kick, or slap to the groin. As most (all) men will tell you, this is quite painful. If you have your car keys in hand, rake them across the face of your attacker. If you are wearing hard soled or heeled shoes, use one as a striking tool. The whole point here is to do what is needed to get away, and stay alive.

Call your local Police or Sheriff's Department or contact the Illinois crime prevention Association for more tips on how to better protect you and yours through crime prevention strategies. In the area of self-defense there are several alternatives. Martial Arts clubs is one excellent way to learn self-defense. If you have a Park District in your area, check with them to find out if they offer any types of self defense classes, and if they don't, maybe your inquires will help to prompt them into looking at offering something in the future. Also you may check with your local Police or Sheriff's Department. If they do not offer any civilian self-defense classes, they may know of where you can find one.

About the Author: Dale E. Arentsen is a member of the Illinois Crime Prevention Association, American Women's self Defense Association, American Society of Law Enforcement Trainers, and the Bushi Satori Ryu in Glenview, Illinois and holds the rank of Shodan. He holds several Instructor-Trainer certificates in Law Enforcement and civilian defensive tactics. He is employed as a Lieutenant with the Illinois Mathematics and Science Academy's Department of Security, a Patrol Officer with the Yorkville Police Department, a Patrol Officer with the Sugar Grove Police Department, and is the owner of ProTECHt(sm) - Professional Protection Technologies(sm), a company dedicated to training Law Enforcement personnel and civilians the art of self defense.

Avoiding "Acquaintance Rape"

by Shaleen Aghi

What do you think of when you hear the word "rape"? I think of a strange man jumping out of the bushes in the dark. However, according to Jean O'Gorman Hughes, research associate, more than fifty percent of all reported rapes are committed by men who know their victims, and may even be considered her "friend." This sort of assault is termed "acquaintance rape" or "date rape."

Like most adolescents, when I read articles on date rapes and acquaintance rapes, I tend to hold the common "it could never happen to me," attitude. However, according to IMSA's Department of Security Multi-Topic Safety Awareness Pamphlet #2, an estimated 50 to 90 percent of all rapes are never reported. Of those that are reported, it said, more than 50 percent occur between acquaintances. In one study by the National Center for the Prevention and Control of Rape, 92 percent of adolescent rape victims said they were acquainted with their attackers.

Acquaintance rape can occur on any campus, regardless of its size, location, status and position. The best solution for potential rape victims is to avoid uncomfortable situations in the first place. Often, women "let down their guard" because they trust an acquaintance, and give him the wrong impression. However, no matter what a woman does, she never does anything to deserve the rape.

If you think you have been raped, you almost certainly have been. You should immediately go to a friend's room. It is not the time to be alone. Then, without showering or changing, get medical attention. Report the attack immediately to campus security or the police; this does not commit you to file charges.

To avoid uncomfortable situations, trust your gut-level

feelings. Do not send mixed messages and if you begin to feel uncomfortable, be forceful and firm, and then leave. Also, be aware that drugs and alcohol can be related to acquaintance rape; drink responsibly if you choose to.

According to Pamphlet #2, four to five percent of all rape victims are male. The prime motivation for men who rape other men is a desire for violence and an assertion of power.

By being educated and avoiding uncomfortable situations, rape can be avoided. Realize that it exists, and be assertive.

Real Men Don't Rape

(From the Project on the Status and Education of Women, Association of American Colleges)

Real men accept the responsibility to not harm another person.

It is never OK to force yourself on a woman, even if:

- She teases you
- Dresses provocatively or leads you on
- She says "no" and you think she means, "yes"
- You've had sex before with her
- You've paid for her dinner or given her expensive gifts
- You think women enjoy being forced to have sex or want to be persuaded
- The woman is under the influence of alcohol or drugs

Theft Prevention

by Shaleen Aghi

The primary reported crime at our campus is theft. Very few theft incidents involve forced entry; most were caused by the opportunity, such as unlocked doors and valuables lying about.

It seems unnecessary that locking our door should be a rule, but several students carry the common "it will never happen to me" attitude and refuse to keep their door locked until they learn the hard way. Don't be an open

invitation to theft; keep your door locked while you are out of the room, regardless of how long you will be gone. Also lock your door when you are sleeping and when leaving a sleeping roommate inside the room. Do not prop open permanently locked residential hall doors.

Keep valuable items, like jewelry and wallets, hidden and preferably locked in a safe place, like your wardrobe. Have valuable items engraved with your driver's license number. If you want something engraved, feel free to ask the Department of Security.

Most importantly, never lend out your access card or room key, no matter how well you feel you know the person. The extra effort to open the room yourself will prove well worth it.

Following these simple precautions will eliminate almost all chance of falling victim to theft. Don't wait to act until it is too late!

Grumpy Mr. Tight-Pants Says: Tips for a Successful School Year

by Shaleen Aghi

Disclaimer: Don't be a Grumpy Mr. Tight-Pants. Although he has good intentions, he has no idea what's going on. This is humor...lighten-up. ☺

Now that the school year has begun, students, potential criminals, are ripe for beginning theft practice. I know a girl who got two wallets stolen in one week! I personally got a Discman stolen from outside the cafeteria. Don't underestimate your peers! Keep no valuables in the cubbies. In fact, don't keep anything in the cubbies. And don't think that keeping your wallet in your pocket will help you, either. Pickpockets are everywhere! In fact, don't wear clothes.

Aside from thieves and pickpockets, vandalizers lurk in every bathroom and dark corner. Don't let them get away with vandalism! The answer to vandalism is unified community

pride. Hire an old man (me) to stand guard and growl at anyone with a marker or can of spray paint.

Finally, nuisance and obscene telephone calls are made every night on every campus, and rarely recognized as the criminal offense they may be. If you receive an

obscene phone call, hang up. Dial *57 if the calls continue. Don't answer the phone. Sit calmly and drink tea, and try and ignore the incessant ringing. Unhook your answering machine, as the recorded greeting may give away clues to your identity, such as your name.

To conclude, all campuses are terrible, crime-filled, flea-ridden places. Be aware of all the crimes that you see, and report them. By following these simple crime prevention measures, you will lose all risk of crime and/or a life.

**KEEP YOUR BIKE !!
USE A GOOD LOCK
LIKE THE ONES
RECOMMENDED
FOR USE IN THIS
PUBLICATION.
HELP PREVENT
THEFT, LOCK IT
UP...DON'T BE A
VICTIM !!**

Volunteers needed

Join the Campus Watch/Safety Committee and write for the Campus Observer!

If you would like to help make the campus a safe and secure place for all to live, work, and learn in, be sure to join the Campus Watch/Safety Committee. Elections for hall representatives will be held shortly; keep your eyes open! All students are welcome to attend the meetings, held three to four times a year, or to write for the Campus Observer. If you would like to write, contact Dale Arentsen (5087, arentsen@imsa.edu) or Shaleen Aghi (5404, shaleen@imsa.edu).

The Campus Observer

Staff

Shaleen Aghi, Campus Watch Liaison
James M. Bondi, Chief of Security
Dale E. Arentsen, Lieutenant & Crime Prevention Officer

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